

Seasonal Flu Shots

This flu season we will be providing seasonal flu vaccines for current patients who are at high risk for complications from influenza as defined by Centers for Disease Control (CDC).

The CDC defines those at high risk as:

- Women who will be pregnant during influenza season.
- People 65 years of age or older.
- Residents of long-term care facilities housing persons with chronic medical conditions.
- People who have long-term health problems, such as:
 - heart disease
 - kidney disease
 - lung disease
 - metabolic disease, such as diabetes
 - asthma
 - anemia, and other blood disorders
- People with certain muscle or nerve disorders (such as seizure disorders or severe cerebral palsy) that can lead to breathing or swallowing problems.
- People with a weakened immune system due to:
 - HIV/AIDS or other diseases affecting the immune system
 - Long-term treatment with drugs such as steroids
 - Cancer treatment with x-rays or drugs
- People 6 months to 18 years of age on long-term aspirin treatment (these people could develop Reye Syndrome if they got influenza).

H1N1 “Swine” Flu Shots

We have requested the H1N1 flu vaccine from the Texas Department of State Health Services for our current patients who are "at risk" for the H1N1 flu virus. It is anticipated that this vaccine will be available mid-October.